

CLIMATE ACTION A DAY

 Audubon ALASKA

1

Calculate the carbon footprint of my household

I will calculate the carbon footprint of my household to gain a better understanding of my carbon emissions and identify ways to reduce them.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

2

Switch to LED light bulbs

I will replace my incandescent light bulbs with LED bulbs in order to consume less energy and decrease my carbon footprint.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

3

Have a conversation with family or friends about renewable and green energy.

I will learn about and share the benefits of alternative sources of energy with my family and friends.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

4

Support BIPOC owned businesses
-
I will support businesses owned by
Black, Indigenous, and people of
color today or research BIPOC owned
businesses I can support in the
future.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

5

Track my household's food waste
I will keep a log of all the food wasted
in my household this week to learn
about my consumption habits and
reduce my waste in the future.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

6

Reduce consumption of single-use products

I will research alternatives to single-use plastics to decrease pollution and fight climate change.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

7

Commit to washing clothes in cold water

—

I will wash my clothes in cold water to save energy and reduce my greenhouse gas emissions by cutting the need to warm the water prior to running a load of laundry.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

8

Unplug any electronic devices that
aren't in use

I will spend time today going around
my home and unplugging any
devices that aren't in use to save
energy.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

9

Research the harmful impacts of fast fashion

—

I will spend time today learning about the devastating effects fast fashion has on our environment and exploring changes I can make in my life to limit the demand for fast fashion and shop more sustainably.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

10

Turn off the faucet
I will turn off the faucet when
brushing my teeth or washing my
face until it's time to rinse

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

11

Change my commute

I will explore ways I can reduce greenhouse gas emissions through transportation whether that be by ride sharing, taking public transportation, walking or biking when possible, or switching to an electric vehicle.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

12

Pick up trash

I will take a walk around my community and pick up any trash I see along the way.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

13

Use reusable shoppings bags

I will bring my reusable shopping bags to the grocery store to conserve energy and reduce plastic waste.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

14

Check my tires

I will keep my tires properly inflated
to conserve gas.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

15

Use eco friendly cleaning products
I will research the environmental
impacts of cleaning products and
commit to finding green alternatives.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

16

Eat local and in season foods

I will read the label when buying groceries to reduce transportation emissions from out of season and nonlocal foods.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

17

Open the blinds
I will use natural light before
switching on a lightbulb.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

18

Shop in bulk

I will buy larger items when possible
as opposed to buying smaller items
more frequently to reduce
consumption and waste.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

19

Switch to a sustainable search engine

I will explore sustainable search engines like Ecosia that runs on sustainable energy and uses ad revenue from searches to plant trees.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

20

Recycle my clothes

I will recycle, upcycle, or donate my clothes instead of throwing them out.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

21

Get outside

I will spend time outside today
exploring and appreciating the
natural areas around my home in
order to feel more connected to
nature.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

22

Buy second hand

I will commit to buying used products when I can to limit consumption and textile waste.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

23

Support a sustainable and ethical
business

I will spend some time today
researching and/or supporting
businesses that practice
sustainability and are
environmentally conscious.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

24

Support your local library
I will borrow books from the library
instead of purchasing them when
possible.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

25

Plant a tree

I will plant trees in my community
or backyard to fight climate change,
conserve energy, and clean the air.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

26

Compost food waste

-

I will start a composting bin in my household and learn about what can be composted in order to decrease my dependence on landfills and reduce waste.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

27

Hang dry my clothes

I will hang dry my clothes instead of using a dryer when I can to reduce greenhouse gas emissions and conserve energy.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

28

Shop local

I will support the local economy by shopping local today or researching local business I can support in the future.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

29

Recycle

I will learn about the recycling standards in my area to ensure I am recycling correctly and reducing waste.

Photo: Dave Shaw

CLIMATE ACTION A DAY

 Audubon ALASKA

30

Plant native plants

I will plant native plants in my yard
to support wildlife and save the
ecosystem.

Photo: Dave Shaw